

Jared Helms

LaSalle High School (St. Ignace)



High School Coach:
Marty Spencer

Varsity Letters:
Football, Wrestling, Baseball,
Track

GPA: 3.6

College Attending:
Lake Superior State University

Intended Major:
Mechanical Engineering

Awards & Honors: All UP offensive line, all conference offensive line, all conference defensive end, All state honorable mention

Extracurricular Activities: Hockey and pickle ball

Football Stats: 142 tackles, 11 sacks, 1 fumble recovery, 1 Pass break up