

# Mitchell Messing

## Westwood High School

**High School Coach:**

John Jessen

**Varsity Letters:**

Football (2); Basketball (2),  
Track (1), Tennis (3)

**GPA:** 3.8**College Attending:**

Finlandia University

**Intended Major:**

Pre Med

**Awards & Honors:** Mid-Peninsula Conference Football Defensive Back honorable mention 2013, First Team Defensive Back 2014; 2013 Captain "Crunch" Award, Football team captain, Mid Peninsula Conference Basketball Second Team 2014-2015, Basketball team captain, UP Team Tennis Champion 2014, UP Finals Track Champion 400m Relay 2014

**Extracurricular Activities:** Spanish Club, Young Patriot Football and Basketball camps