

# Nick Benda

## Westwood High School

**High School Coach:**

John Beckman

**Varsity Letters:**

Football (3), Track (2)

**GPA:** 3.99**College Attending:**

Undecided

**Intended Major:**

Pre-Medicine

**Awards & Honors:** Junior-Team Captain, Team M.V.P., 1st Team All-Conference Tight End, Honorable Mention Outside Linebacker, Senior-Team Captain, Team MVP, Team Defensive Player of the Year, Honorable Mention All-Conference Tight End, 1st Team All-Conference Linebacker, Honorable Mention Defensive Player of the Year, Special Mention All-UP Linebacker, Detroit Free All State Linebacker, Recognized Athlete Award at University of Michigan Football Camp

**Extracurricular Activities:** Football, Weightlifting, Track, Fishing, Hunting, Swimming and going to the beach, Hanging out with friends.

**Football Stats:** SOPHOMORE-4 receptions for 69 yards; 41 total tackles; JUNIOR-5 receptions for 85 yards; 49 total tackles, 3 sacks, 1 forced fumble, 2 interceptions; SENIOR-70 total tackles, 4 forced fumbles