

# Jalen Bal

## Norway High School



**High School Coach:**  
Brad Grayvold

**Varsity Letters:**  
Football (2); Basketball (4),  
Baseball (4)

**GPA:** 3.27

**College Attending:**  
Lakeland College

**Intended Major:**  
Sports Science

**Awards & Honors:** Football: Junior yr. Honorable Mentioned as Quarter Back; Senior yr. Honorable Mentioned as Quarter Back, 1<sup>st</sup> Team Defensive Back, and Dream Team corner back. Basketball: Sophomore yr. Honorable Mentioned; Junior yr. selected 1<sup>st</sup> Team. Senior yr. – 1<sup>st</sup> Team All-Conference. Baseball: Junior yr. selected All District Team as an Infielder.

**Extracurricular Activities:** Taught the youth in our community in various athletic camps and programs throughout high school.

**Football Stats:** 2010 Season: Defense: 49 tackles 3 Interceptions, Offense: 61/103 1053 Yards 12 TD's Passing